

## SEED SOWING GUIDE FOR NORTH SHORE AND SURROUNDS

- *TAKEN FROM EXPERIENCE AND excerpts from*
- *P.J. HURLEY, (LIVED IN LINDFIELD -WROTE WEEKLY COLUMN IN SYDNEY MORNING HERALD IN '60'S AND SOME BOOKS IN '40'S)*
- *ESTHER DEAN (LIVED ON MEMORIAL AVE.,ST.IVES IN '70'S WAS THE FIRST TO DO A "NO DIG GARDEN" – WROTE A BOOK OF HER GARDEN EXPERIENCES*
- *DIGGERS BOOK (CLIVE BLAZEY)*
- *PETER BENNETT (ORGANIC GARDENING)*

ARTICHOKE	SEPTEMBER AND AGAIN IN MARCH
ASPARAGUS	AUGUST TO NOVEMBER
BEAN BROAD	MARCH TO MAY
BEAN CLIMBING	SEPTEMBER TO MID JANUARY
BEAN FRENCH & BUTTER	SEPTEMBER TO FEBRUARY
BEETROOT	JANUARY-APRIL & JULY-DEC. nearly all year
BRUSSEL SPROUTS	LATE NOVEMBER TO EARLY JAN – not really suitable ,but worth a try
BROCCOLI SPROUTING	JAN to plant out FEB for autumn/winter cropping
BURDOCK	SEPTEMBER TO APRIL
CABBAGE	JAN-APRIL (small head until June) & AUG-DEC Does best in cool season due to butterfly
CAULIFLOWER	DECEMBER –FEB/EARLY MARCH
CAPSICUM	SEPTEMBER – NOVEMBER
CARROTS	ALL YEAR – BEST AUGUST TO MARCH
CELERY	JAN-MARCH & SEPTEMBER
CHINESE CABBAGE	EARLY SPRING AND LATE SUMMER
CHILLI	AUGUST – DECEMBER
CELERIAC	SEPTEMBER TO DECEMBER
CHOKO	TRANSPLANT SHOOTS AUG-OCT
CORN	SEPTEMBER TO DECEMBER
CORN SALAD	APRIL MAY JUNE
CRESS	ALL YEAR
CUCUMBER	SEPTEMBER TO JANUARY
CHICKORY	AUG-NOV AND FEB-APRIL (not good in summer)
EGGPLANT	SEPTEMBER TO DECEMBER
ESCHALLOTS	MARCH
FENNEL	FEBRUARY TO APRIL

KALE	MARCH-JUNE
KOHL RABI	MAR-MAY AND AUGUST-SEPTEMBER
LEEK	AUGUST-SEPT & JAN –APRIL (may get all year but could bolt)
LETTUCE	SOME ALL YEAR – Cos & heart best Winter Loose leaf best in summer
MELONS	SEPTEMBER – DECEMBER
MIZUNA	JULY-AUGUST
MUSTARD	ALL YEAR
OKRA	SEPTEMBER-DECEMBER
ONION	FEB- JULY Plant early whites or brown
PARSLEY	FEB –MARCH & SEPTEMBER
PARSNIPS	JAN – MARCH & AUG-DEC
PEAS	MARCH-JULY
POTATOES	FEBRUARY-MAR/APR & JULY-AUGUST (seed potatoes)
PUMPKIN	SEPTEMBER-DECEMBER
RADISH	ALL YEAR
RADISH DAIKON	LATE SUMMER/AUTUMN
RHUBARB	AUGUST-JANUARY (corms)
ROCKET	AUG-NOV & FEB-MAR (wild best in summer)
ROSELLA	SEPTEMBER-DECEMBER
SALSIFY	FEBRUARY-MARCH
SILVERBEET	FEB-APRIL & AUG-DEC (won't take summer heat)
SHALLOTS	AUGUST – NOVEMBER
SPINACH	MARCH-MAY
STRAWBERRIES	MAY-JULY (runners)
SQUASH	SEPTEMBER-JANUARY
SWEDE	FEB-APRIL
SWEET POTATO	OCT-END NOV (rooted shoots or plant slips)
TOMATOES	AUG-DEC (late crop in Feb only tiny toms)
TURNIPS	FEB-AUG
ZUCCHINI	SEPTEMBER-JANUARY